

Before:

- I would like to walk into the OR
- Music of the parent's choice can play in the operating room
- Have all staff introduce themselves; maintain a respectful atmosphere without chatter during any part of the surgical procedure
- If mama has EKG or baby monitoring devices, they can be placed in areas that don't infringe her ability to see, hold or breastfeed baby
- Mama's arms are not strapped down

During:

- Please ensure all medications are suitable for breastfeeding
- I'd like a non-drowsy, anti-nausea med if possible
- Please explain the surgery to me as it happens
- Please use a clear drape and/or lower the drape just before delivery so I may see the birth of our babies
- I ask that the surgery be performed slowly and if possible allow the cord to continue pulsing after the birth so Baby may start breathing on his/her own while still attached to the placenta
- Please allow for skin-to-skin contact immediately after delivery and evaluate Baby on my chest, Mama's gown can be lowered and baby can be placed on mama's chest while mama is being sutured. (If this is not possible – then father would like skin-to-skin contact)
- Keep cord long for daddy to cut if possible

Post:

- All efforts made to establish breastfeeding as soon as possible
- Dad will follow baby to NICU and then return to mom in recovery
- Delay baby's bath rather than bathing baby right after birth.
- I'd like to see a lactation consultant as soon as possible.